

## Care in the last few days

In Redbridge our aim is to make every person's last days of life as comfortable as possible.

Professionals work to make sure you are cared for with dignity and respect and free from pain in the setting of your choice, where possible. This includes being mindful of any religious or cultural needs you might have.

Staff are trained to help you, your family and carers in the last few days of life and to make you as comfortable as possible. Professionals may plan care around the Liverpool Care Pathway (LCP) to ensure that you are treated with dignity and respect in the final days of life, whether this is in a hospital, care home or your own home.

### The Liverpool Care Pathway

The Liverpool Care Pathway is a model developed by specialists in end of life care to ensure that the best possible quality of care is given to everyone during the last 48 to 72 hours of life.

It includes the provision of psychological and spiritual support for you and your family/ carer and aims to ensure that you are as comfortable as possible and free from pain.

Further information about the Liverpool Care Pathway is available by visiting [www.mcpcil.org.uk](http://www.mcpcil.org.uk)

For carers caring for loved ones at home, the changes in symptoms may be daunting and carers can often feel unsure about how to care for you. Trained nursing staff are available 24 hours a day to provide advice, care and reassurance on how to do the best for you.

### Other End of Life factsheets which may be of interest:

Factsheet 1: Self Assessment Questionnaire	▶	Factsheet 6: Care after death	▶
Factsheet 2: Budget Calculator	▶	Factsheet 7: Frequently Asked Questions	▶
Factsheet 3: Support Plan	▶		
<b>Factsheet 4: Approaching the final few weeks</b>	▶		
Factsheet 5: Care in the last few days	▶		